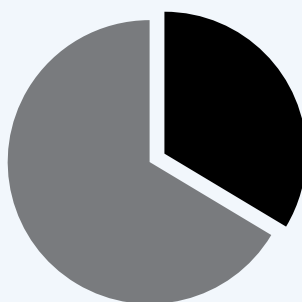


BEHAVIORAL HEALTH CHALLENGES FOR OLDER ADULTS AND PEOPLE WITH DISABILITIES IN OREGON AND THE UNITED STATES

In Oregon, men are about **three times more likely to die by suicide than women.** The highest suicide rate in the state occurred among **men age 85 and older:** 71.9 per 100,000¹



At least one in five Americans 65+ have one or more mental health or substance use conditions²

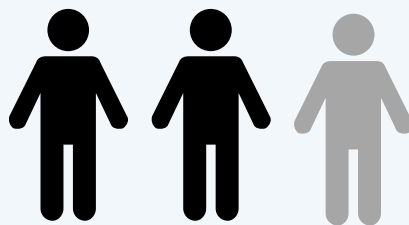


More than one-third of Oregon adults 18+ have a self-reported disability³

An estimated **76,000** Oregonians have Alzheimer's disease or a related dementia⁴

77% of Americans 55+ who die by suicide had seen their primary care provider **within one year of death**, and **58%** had seen their provider **within a month**⁵

Oregon has the **highest rate in the nation of those 65+ hospitalized for opioid-related issues** such as overdose, abuse, and dependence⁶



Two in three Americans 65+ have multiple chronic conditions, which are associated with a greater likelihood of increased functional limitations and disability⁷

Loneliness and social isolation may be as harmful to health as **smoking 15 cigarettes a day**⁸

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