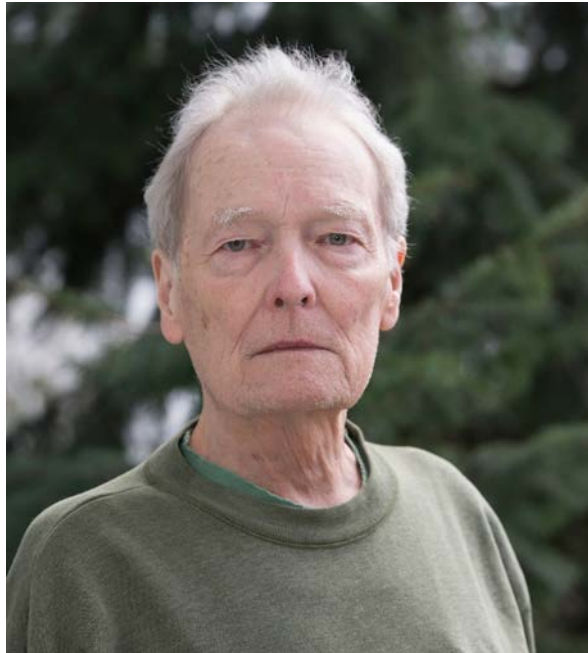


# Participant Companion Guide

## Module 5: *Bill's Search for Lois*

Resources related to  
Dementia Related to Parkinson's disease, Depression, Grief, Transition



## Contents

<b><i>I. Fact Sheets</i></b> .....	<b>3</b>
PARKINSON’S DISEASE .....	3
PARKINSON’S DISEASE & CO-OCCURRING DISORDERS .....	5
<b><i>II. Prevalence</i></b> .....	<b>6</b>
PARKINSON’S DISEASE .....	6
PARKINSON’S DISEASE & CO-OCCURRING DISORDERS .....	6
<b><i>III. Presentation and Adverse Effects</i></b> .....	<b>8</b>
PARKINSON’S DISEASE .....	8
PARKINSON’S DISEASE & CO-OCCURRING DISORDERS .....	9
<b><i>IV. Prevention</i></b> .....	<b>11</b>
PARKINSON’S DISEASE .....	11
<b><i>V. Screening</i></b> .....	<b>12</b>
PARKINSON’S DISEASE .....	12
PARKINSON’S DISEASE & CO-OCCURRING DISORDERS .....	14
<b><i>VI. Evidence-based Practice/Treatment</i></b> .....	<b>15</b>
PARKINSON’S DISEASE .....	15
PARKINSON’S DISEASE & CO-OCCURRING DISORDERS .....	16
<b><i>VII. Brochures, Pamphlets, and Booklets</i></b> .....	<b>18</b>
PARKINSON’S DISEASE .....	18
PARKINSON’S DISEASE & CO-OCCURRING DISORDERS .....	19
<b><i>VIII. Journal Articles</i></b> .....	<b>20</b>

## I. Fact Sheets

Title: The Aging and Disability Resource Connection of Oregon (ADRC)

Audience: Consumers and Professionals

Topic: Information, assistance, and referral to community resources and supports

Description: Provides people of all ages, incomes and disabilities with information on the full range of long-term support options available in their communities.

Link: <https://www.adrcoforegon.org/consite/index.php>

Resource: ADRC of Oregon

### PARKINSON'S DISEASE

Title: Parkinson's Fact Sheets

Audience: Consumers and Professionals

Topic: Understanding, treating, living with, and managing PD, and caring for people with Parkinson's Disease

Description: Provides links to a variety of fact sheets in each category including general information, motor symptoms, nonmotor symptoms, treatment options, support, employment, coping and caring for people with PD, and current research.

Link: <http://www.pdf.org/en/factsheets>

Reference: Parkinson's Disease Foundation (PDF)

Title: What is Parkinson's Disease?

Audience: Consumers and Professionals

Topic: Parkinson's disease

Description: Provides a definition of PD, presentation and symptoms.

Link: [http://www.pdf.org/about\\_pd](http://www.pdf.org/about_pd)

Reference: PDF

Title: Parkinson's FAQ

Audience: Consumers

Topic: Parkinson's disease

Description: Provides a definition of PD, presentation, prevalence, causes, treatments, and outcomes.

Link: [http://www.pdf.org/pdf/fs\\_frequently\\_asked\\_questions\\_10.pdf](http://www.pdf.org/pdf/fs_frequently_asked_questions_10.pdf)

Reference: PDF

## **Medication Side Effects**

Title: Beers Criteria for Potentially Inappropriate Medication Use in Older Adults

Audience: Consumers and Professionals

Topic: Medication

Description: Identifies medications with risks that may be greater than their benefits for people 65 and older.

Link: <http://www.americangeriatrics.org/files/documents/beers/2012AGSBeersCriteriaCitations.pdf>

Reference: American Geriatrics Society

Title: Medications Approved for the Treatment of Parkinson's Disease in the USA

Audience: Consumers and Professionals

Topic: Medications and PD

Description: Provides the names, functions, and side effects of medications used to treat PD

Link: [http://www.apdaparkinson.org/uploads/files/july2012\\_med\\_approved-g-A.pdf](http://www.apdaparkinson.org/uploads/files/july2012_med_approved-g-A.pdf)

Reference: American Parkinson's Disease Association (APDA)

Title: Medications Approved for the Treatment of Parkinson's Disease in the USA

Audience: Consumers and Professionals

Topic: Medications and PD

Description: Provides the names, functions, and side effects of medications that should not be used to treat PD

Link: [http://www.apdaparkinson.org/uploads/files/july2012\\_med\\_approved-g-A.pdf](http://www.apdaparkinson.org/uploads/files/july2012_med_approved-g-A.pdf)

Reference: APDA

## **Cognitive Complications**

Title: Understanding Parkinson's: Cognition and Parkinson's

Audience: Consumers

Topic: Cognitive changes with PD

Description: Provides information about cognitive changes with PD, and causes and effects of those changes and offers suggestions for seeking help.

Link: [http://www.pdf.org/pdf/fs\\_cognitive\\_changes\\_14.pdf](http://www.pdf.org/pdf/fs_cognitive_changes_14.pdf)

Reference: PDF

## **PARKINSON'S DISEASE & CO-OCCURRING DISORDERS**

### **Depression**

Title: Understanding Parkinson's, Combatting Depression

Audience: Consumers

Topic: Depression co-occurring with Parkinson's

Description: Provides information about the difference between sadness and depression in PD, and prevalence, presentation, and causes of depression in people having PD

Link: [http://www.pdf.org/pdf/factsheet\\_understanding\\_Combatting\\_Depression\\_14.pdf](http://www.pdf.org/pdf/factsheet_understanding_Combatting_Depression_14.pdf)

Reference: Parkinson's Disease Foundation (PDF)

### **Anxiety**

Title: Anxiety and Parkinson's

Audience: Consumers

Topic: Anxiety and Parkinson's

Description: Provides information about anxiety symptoms, types, and treatment options for people with PD.

Link: [http://www.parkinsons.org.uk/sites/default/files/fs96\\_anxiety.pdf](http://www.parkinsons.org.uk/sites/default/files/fs96_anxiety.pdf)

Reference: Parkinson's United Kingdom

### **Dementia**

Title: Parkinson's dementia

Audience: Consumers

Topic: Parkinson's with dementia

Description: Provides information dementia, and symptoms, causes, diagnosis, and treatment of PD dementia,

Link: [http://www.alz.org/dementia/downloads/topicsheet\\_parkinsons.pdf](http://www.alz.org/dementia/downloads/topicsheet_parkinsons.pdf)

Reference: Alzheimer's Association

### **Psychosis**

Title: Neuropsychiatric Symptoms in Parkinson's Disease

Audience: Consumers and Professionals

Topic: Psychosis in PD

Description: Provides printable information about causes, symptoms, and treatment of psychosis in PD.

Link: [http://www.dbs4pd.org/media/file/Neuropsychiatric\\_7%2019%202010.pdf](http://www.dbs4pd.org/media/file/Neuropsychiatric_7%2019%202010.pdf)

Reference: Deep Brain Stimulation for Parkinson's Disease (DBS4PD)

## II. Prevalence

### PARKINSON'S DISEASE

Title: Statistics on Parkinson's

Audience: Consumers and Professionals

Topic: Prevalence

Description: Provides information about prevalence and cost, and offers links to upcoming online seminars, community educational events, and PDF publications.

Link: [http://www.pdf.org/en/parkinson\\_statistics](http://www.pdf.org/en/parkinson_statistics)

Reference: Parkinson's Disease Foundation (PDF)

Title: Parkinson's Disease: Hope Through Research

Audience: Consumers and Professionals

Topic: PD

Description: Provides a definition of Parkinson's disease and includes links to information on prevalence, causes, symptoms treatment, coping, prevention, research, and a list of additional resources including neurological disorders and stroke.

Link: [http://www.ninds.nih.gov/disorders/parkinsons\\_disease/detail\\_parkinsons\\_disease.htm](http://www.ninds.nih.gov/disorders/parkinsons_disease/detail_parkinsons_disease.htm)

Reference: National Institutes of Health (NIH)

### PARKINSON'S DISEASE & CO-OCCURRING DISORDERS

Title: Parkinson's Disease

Audience: Professionals

Topic: Parkinson's disease and associated symptoms

Description: Provides information about symptoms, co-occurring disorders, physical and functional problems, treatment options, management of PD, and guidelines for caring for people experiencing PD. Includes helpful tables of specific problems associated with Parkinson's disease and recommendations for addressing those problems.

Link: <http://www.oregon.gov/dhs/apd-dd-training/EQC%20Training%20Documents/Parkinson%27s%20Disease.pdf>

Reference: Oregon Department of Human Services (DHS)

Title: Parkinsonism and Parkinson's Disease

Audience: Consumers and Professionals

Topic: Parkinson's disease

Description: Provides information about prevalence, long-term problems associated with Parkinson's disease, and differential diagnosis including tremor, dementia, and other diseases.

Link: <http://patient.info/doctor/parkinsonism-and-parkinsons-disease>

Reference: Patient

## **Depression and Anxiety**

Title: Depression and Anxiety in Parkinson's disease

Audience: Consumers and Professionals

Topic: Parkinson's disease with depression and anxiety

Description: Provides information, graphs, and illustrations about depression and anxiety associated with Parkinson's disease including prevalence, presentation, causes, treatments, and the effects on quality of life.

Link: [http://www.hopkinsmedicine.org/neurology\\_neurosurgery/centers\\_clinics/movement\\_disorders/events/PDMD\\_2014\\_%20Pontone\\_Depression\\_Anxiety.pdf](http://www.hopkinsmedicine.org/neurology_neurosurgery/centers_clinics/movement_disorders/events/PDMD_2014_%20Pontone_Depression_Anxiety.pdf)

Reference: Johns Hopkins Medicine

Title: Depression

Audience: Consumers and Professionals

Topic: Depression and Parkinson's disease

Description: Provides information about prevalence of depression Parkinson's disease.

Link: [http://www.pdf.org/en/depression\\_pd](http://www.pdf.org/en/depression_pd)

Reference: PDF

## **Dementia**

Title: Lewy Body Dementia

Audience: Consumers and Professionals

Topic: Parkinson's disease with Dementia

Description: Provides information about signs, and symptoms of Parkinson's disease occurring with Lewy Body dementia and Alzheimer's.

Link: <http://www.helpguide.org/articles/alzheimers-dementia/lewy-body-dementia.htm>

Reference: Helpguide

## **Psychosis**

Title: What You Need to Know About Psychosis in Parkinson's Disease

Audience: Consumers

Topic: Psychosis in Parkinson's disease

Description: Provides information about psychosis and Parkinson's disease prevalence, types, and triggers. Includes information about treatment options and links to additional resources.

Link: <http://psychcentral.com/lib/what-you-need-to-know-about-psychosis-in-parkinsons-disease/>

Reference: PsychCentral

### III. Presentation and Adverse Effects

#### PARKINSON'S DISEASE

Title: Symptoms

Audience: Consumers and Professionals

Topic: Parkinson's disease symptoms

Description: Provides information and links to additional information about primary and secondary motor symptoms, nonmotor symptoms, and coping with symptoms.

Link: <http://www.pdf.org/en/symptoms>

Reference: Parkinson's Disease Foundation (PDF)

Title: Understanding Parkinson's, Gastrointestinal & Urinary Dysfunction

Audience: Consumers and Professionals

Topic: Stomach problems, bowel dysfunction, and bladder and urinary difficulties associated with Parkinson's disease

Description: Provides information about stomach problems, bowel dysfunction, and bladder and urinary difficulties associated with Parkinson's disease.

Link: [http://www.pdf.org/pdf/fs\\_gastrointestinal\\_urinary\\_10.pdf](http://www.pdf.org/pdf/fs_gastrointestinal_urinary_10.pdf)

Reference: PDF

Title: Progression

Audience: Consumers and Professionals

Topic: Presentation and progression of Parkinson's disease

Description: Provides information about evaluating and rating symptoms and stages to determine severity of Parkinson's disease.

Link: [http://www.pdf.org/en/progression\\_parkinsons](http://www.pdf.org/en/progression_parkinsons)

Reference: PDF

#### **Physical Complications**

Title: Motor Symptoms

Audience: Consumers

Topic: Motor symptoms of Parkinson's disease

Description: Provides information about the four main motor symptoms of Parkinson's disease including slowed movement, involuntary shaking or tremor, stiffness of the arms, legs or trunk, and trouble with balance.

Link: <http://parkinson.org/understanding-parkinsons/motor-symptoms>

Reference: National Parkinson Foundation



## **Cognitive Complications**

Title: Cognitive Impairment

Audience: Consumers and Professionals

Topic: Cognition and cognitive impairment in Parkinson's disease

Description: Provides information about causes, effects, support and treatment for cognitive changes occurring in Parkinson's disease. Includes tips for care partners and links to related resources.

Link: [http://www.pdf.org/en/cognitive\\_impairment\\_pd](http://www.pdf.org/en/cognitive_impairment_pd)

Reference: PDF

Title: How Are Cognitive Changes in PD Different than Alzheimer's disease?

Audience: Consumers and Professionals

Topic: Differences in cognitive changes in Parkinson's disease and Alzheimer's disease

Description: Provides information about differences and similarities in presentation and biological changes in Parkinson's disease versus dementia.

Link:

<http://www.parkinson.org/understanding-parkinsons/non-motor-symptoms/cognitive-changes/How-are-Cognitive-Changes-in-PD-Different-than-Alzheimers-Disease>

Reference: PDF

Title: What is Parkinson's Disease?

Audience: Consumers

Topic: Parkinson's disease

Description: Provides information about the causes of Parkinson's disease, who gets it, how it's diagnosed, and the primary symptoms. Details the primary symptoms including physical and cognitive symptoms.

Link: [http://www.hopkinsmedicine.org/neurology\\_neurosurgery/centers\\_clinics/movement\\_disorders/conditions/parkinsons\\_disease.html](http://www.hopkinsmedicine.org/neurology_neurosurgery/centers_clinics/movement_disorders/conditions/parkinsons_disease.html)

Reference: John Hopkins Medicine

## **PARKINSON'S DISEASE & CO-OCCURRING DISORDERS**

### **Depression**

Title: Depression

Audience: Consumers and Professionals

Topic: Parkinson's disease and Depression

Description: Provides information about prevalence and treatment for depression occurring with Parkinson's disease.

Link: [http://www.pdf.org/en/depression\\_pd](http://www.pdf.org/en/depression_pd)

Reference: Parkinson's Disease Foundation (PDF)

## **Anxiety**

Title: What are the Symptoms of Anxiety?

Audience: Consumers and Professionals

Topic: Anxiety with Parkinson's disease

Description: Provides a list of common anxiety disorders and a description of symptoms associated with each form. As many as two out of five people with Parkinson's will experience one of these forms during the course of their illness.

Link: <http://www.parkinson.org/understanding-parkinsons/non-motor-symptoms/anxiety/What-are-the-Symptoms-of-Anxiety>

Reference: National Parkinson's Foundation (NPF)

## **Dementia**

Title: About Parkinson's disease dementia

Audience: Consumers and Professionals

Topic: Parkinson's disease and dementia

Description: provides information about causes, risks, symptoms, diagnosis, and treatments for Parkinson's disease with dementia.

Link: <http://www.alz.org/dementia/parkinsons-disease-symptoms.asp>

Reference: Alzheimer's Association

## **Psychosis**

Title: Hallucinations

Audience: Consumers and Professionals

Topic: Parkinson's disease and hallucinations

Description: Provides information about prevalence, type of hallucinations, treatment options, and a video where people experiencing Parkinson's disease discuss their hallucinations, and a medical doctor offering information about the reasons for the psychosis.

Link: <http://www.pdf.org/en/hallucinations>

Reference: PDF

## IV. Prevention

### PARKINSON'S DISEASE

Title: Prevention

Audience: Consumers and Professionals

Topic: Preventing Parkinson's disease

Description: Provides information about the difficulty in preventing Parkinson's disease and some possible options for reducing the risk of developing Parkinson's disease.

Link: <http://www.mayoclinic.org/diseases-conditions/parkinsons-disease/basics/prevention/con-20028488>

Reference: Mayo Clinic

Title: Simple ways to Relieve Common Parkinson's Symptoms at Home

Audience: Consumers and Professionals

Topic: Addressing and relieving Parkinson's Symptoms

Description: Provides ways to relieve Parkinson's disease symptom for muscle stiffness, weakness, and tremors that people with Parkinson's often experience.

Link: <http://www.everydayhealth.com/parkinsons-disease/home-remedies-for-parkinsons-symptoms.aspx>

Reference: everyday HEALTH

Title: Living With Parkinson's Disease

Audience: Consumers and Professionals

Topic: Tools for managing Parkinson's disease

Description: Provides information about ways to manage Parkinson's disease symptoms including exercise, nutrition, and sleep.

Link: <http://www.parkinsonshealth.com/Living-With-Parkinson-s.aspx>

Reference: everyday HEALTH

Title: Diet and Parkinson's Disease

Audience: Consumers and Professionals

Topic: Diet that can ease Parkinson's disease symptoms

Description: Provides information about diet to ease symptoms and improve quality of life for those with Parkinson's disease.

Link: <https://www.michaeljfox.org/understanding-parkinsons/living-with-pd/topic.php?nutrition>

Reference: Michael J. Fox Foundation

## V. Screening

### General Geriatric Assessment Tools

Title: Assessment Tools—*Try This*:<sup>®</sup> and *How To Try This* Resources

Audience: Professionals

Topics: Try This:<sup>®</sup> Assessment Tool Series: General Practice, Specialty Practice and Dementia Series

Description: A series of assessment tools for older adults that can be administered in 20 minutes or less, including assessments of overall health, activities of daily living, mental status, and the Geriatric Depression Scale. The series include a general assessment series, specialty practices series, and dementia series.

Link: <http://consultgerirn.org/resources>

Reference: The Hartford Institute for Geriatric Nursing

Title: Assessments and Best Practices in Care of Older Adults

Audience: Professionals

Topic: Assessments and best practices

Description: Describes the need for best practices resources and assessments, on whom to conduct assessments, when and how to assess, interpretation of assessments, and how to use findings through a video and series of links to *Try This* screening tools.

Link: <http://www.nursingcenter.com/articles-publications/nursing-care-of-older-adults>

Reference: Lippincott Nursing Center

### **PARKINSON'S DISEASE**

Title: Parkinson's disease Screening Instruments & Scales

Audience: Professionals

Topic: Screening for Parkinson's disease

Description: Provides information about Parkinson's disease evaluation scales, and includes links to mood and behavior scales for depression, fatigue, dementia, and psychosis.

Link: <http://beta.parkinson.org/Professionals/Professional-Resources/Screening-Instruments>

Reference: National Parkinson's Foundation (NPF)

Title: Diagnosis

Audience: Professionals

Topic: Screening for Parkinson's disease

Description: Provides information about symptoms and diagnostic tests used in combination to diagnose Parkinson's disease, and Parkinsonism syndromes that often mimic the symptoms of Parkinson's disease.

Link: <http://www.parkinson.org/Parkinson-s-Disease/Diagnosis>

Reference: NPF

Title: Allen Cognitive Level Assessment

Audience: Professionals

Topic: Screening for Parkinson's disease

Description: A tool used to estimate an individual's learning and problem solving abilities through visual motor tasks.

Link: [https://allencognitive.com/acls-5-lacls-5/assessments-1-acls\\_lacls/](https://allencognitive.com/acls-5-lacls-5/assessments-1-acls_lacls/)

Reference: Allen Cognitive Group

### **Cognitive Complications**

Title: Cognitive Assessment Toolkit

Audience: Professionals

Topic: Screening for cognitive impairment

Description: Provides seven different screening instruments used to identify patients with probable cognitive impairment.

Link: [http://www.alz.org/documents\\_custom/The\\_Cognitive\\_Assessment\\_Toolkit\\_Copy\\_v1.pdf](http://www.alz.org/documents_custom/The_Cognitive_Assessment_Toolkit_Copy_v1.pdf)

Reference: Alzheimer's Association

## **PARKINSON'S DISEASE & CO-OCCURRING DISORDERS**

### **Depression**

Title: Geriatric Depression Scale and Hamilton Depression Scale

Audience: Professionals

Topic: Parkinson's disease and 2 depression scales

Description: The Geriatric Depression Scale is a self-report measure designed to assess depressive symptoms in the elderly and the Hamilton Depression Scale is the most utilized rating scale for patients with depression.

Link: <http://beta.parkinson.org/Professionals/Professional-Resources/Screening-Instruments>

Reference: National Parkinson's Foundation (NPF)

### **Anxiety**

Title: How is Anxiety Diagnosed?

Audience: Consumers and Professionals

Topic: Discusses anxiety symptoms and diagnosis in people with Parkinson's disease.

Description: Screening

Link: <http://www.parkinson.org/understanding-parkinsons/non-motor-symptoms/anxiety/How-is-Anxiety-Diagnosed>

Reference: Parkinson's Disease Foundation (PDF)

### **Dementia**

Title: The Neuropsychiatric Inventory (NPI)

Audience: Professionals

Topic: Screening for dementia in people experiencing Parkinson's disease

Description: The NPI evaluates behavioral abnormalities that occur in demented patients.

Link: <http://www.medafile.com/cln/NPI-Qa.htm>

Reference: NPF

### **Psychosis**

Title: The Neuropsychiatric Inventory (NPI), and the Brief Psychiatric Rating Scale

Audience: Professionals

Topic: Screening for psychosis in people experiencing Parkinson's disease

Description: Screening tool

Link: [http://www.public-health.uiowa.edu/icmha/outreach/documents/BPRS\\_expanded.PDF](http://www.public-health.uiowa.edu/icmha/outreach/documents/BPRS_expanded.PDF)

Reference: PDF

## **VI. Evidence-based Practice/Treatment**

Title: Oregon Technical Assistance Corporation (OTAC)

Audience: Consumers and Professionals

Topic: Parkinson's disease support resources in Oregon and Western Washington

Description: OTAC promotes full participation in community life for individuals with disabilities, seniors and their families through the delivery of training, technical assistance and related services.

Link: <http://www.otac.org/>

Reference: Oregon Technical Assistance Corporation (OTAC)

### **PARKINSON'S DISEASE**

Title: Parkinson's Resources of Oregon

Audience: Consumers and Professionals

Topic: Parkinson's disease support resources in Oregon and Western Washington

Description: Parkinson's Resources of Oregon provides support and resources for people living with Parkinson's disease, their families, and caregivers living here in Oregon and SW Washington.

Link: <http://parkinsonsresources.org/>

Reference: Parkinson's Resources of Oregon

Title: The Challenge of Parkinson's Disease: Adapting to a Nursing Home

Audience: Consumers and Professionals

Topic: Transitioning a person with PD to a NH

Description: Discusses the importance of individualized, person-centered care. Provides a scenarios of someone transitioned to a NH having poor care and then receiving good care. Discusses family roles with the nursing home staff, and transition from primary caregiver duties.

Link: [http://www.apdaparkinson.org/uploads/files/10\\_rev1998-1mc.pdf](http://www.apdaparkinson.org/uploads/files/10_rev1998-1mc.pdf)

Reference: American Parkinson's Disease Association (APDA)

Title: Complementary Therapies

Audience: Consumers and Professionals

Topic: Options for additional therapeutic supports beyond medication

Description: Provides information about the role speech, physical, and occupational therapy play in treating Parkinson's disease.

Link: [http://www.pdf.org/en/comp\\_therapies](http://www.pdf.org/en/comp_therapies)

Reference: Parkinson's Disease Foundation (PDF)

## **Cognitive Complications**

Title: Medications & Treatment

Audience: Consumers and Professionals

Topic: Treatments for Parkinson's disease

Description: Medications, and surgeries for treating Parkinson's disease. Includes studies that examine the safety and efficacy of treatments.

Link: [http://www.pdf.org/en/parkinson\\_pipeline](http://www.pdf.org/en/parkinson_pipeline)

Reference: PDF

## **PARKINSON'S DISEASE & CO-OCCURRING DISORDERS**

Title: PD Take Three: Tips from the Health Care Team

Audience: Consumers

Topic: Tips for consumers and families about coping with Parkinson's disease

Description: Provides links to tips for coping with depression, helping a loved one, easing constipation, avoiding Parkinson's disease "freeze", voice changes, and falls risk associated with Parkinson's disease.

Link: <http://www.pdf.org/en/pdthree>

Reference: Parkinson's Disease Foundation (PDF)

## **Depression**

Title: Depression and Parkinson's Disease

Audience: Consumers and Professionals

Topic: Treating depression in people with Parkinson's disease

Description: Provides information about interventions used to treat Parkinson's disease including medications, psychotherapeutic therapy, and exercise.

Link: [http://www.apdaparkinson.org/uploads/files/22\\_rev2008-Ko8.pdf](http://www.apdaparkinson.org/uploads/files/22_rev2008-Ko8.pdf)

Reference: APDA

## **Anxiety**

Title: What are the Treatment Options for Anxiety?

Audience: Consumers and Professionals

Topic: Treatment for Parkinson's disease with anxiety

Description: Provides information about antidepressant medications and psychotherapy recommendations by the NPF, and discusses when to avoid certain medications. Provides links to a NPF manual titled Mind, Mood, and Memory.

Link: <http://www.parkinson.org/Parkinson-s-Disease/Living-Well/Anxiety/What-are-the-Treatment-Options-for-Anxiety->

Reference: PDF



## **Dementia**

Title: Coping with dementia: advice for caregivers

Audience: Consumers and Professionals

Topic: Treatment options for people caring for those with Parkinson's disease and dementia

Description: Provides information about coping with people who have dementia, including difficulties with memory and slowed thinking or communication. Discusses the signs and symptoms, and ways to design appropriate coping strategies that enhance level of function and self-esteem for people experiencing Parkinson's disease.

Link: [http://www.pdf.org/en/spring03\\_dementia](http://www.pdf.org/en/spring03_dementia)

Reference: PDF

Title: ADRC Dementia Training

Audience: Consumers and Professionals

Topic: Web-based dementia training

Description: Provides a link to 8 web-based trainings with companion guides.

Link: <http://www.oregon.gov/dhs/spwpd/Pages/sua/AvailableOnlineTraining.aspx>

Reference: Oregon Aging and People with Disabilities (APD) Oregon

## **Psychosis**

Title: Parkinson's Treatment Tips on Psychosis and Hallucinations

Audience: Consumers and Professionals

Topic: Parkinson's and Psychosis

Description: Provides treatment options to address with a doctor for individuals experiencing acute hallucinations and psychosis with Parkinson's disease. Provides information about prevalence, triggers, and ways to manage psychosis in Parkinson's disease patients. Includes links to tips for stress management, choking, and dressing.

Link: <http://movementdisorders.ufhealth.org/2011/09/29/parkinsons-treatment-tips-on-psychosis-and-hallucinations/>

Reference: Center for Movement Disorders and Neurorestoration

## VII. Brochures, Pamphlets, and Booklets

### PARKINSON'S DISEASE

Title: Helpful Hints to Improve the Quality of Life of People with Parkinson's

Audience: Consumers

Topic: Assistive Aids

Description: Provides information about devices to assist with eating, bathing, grooming, dressing, food preparation.

Link: <http://www.apdaparkinson.org/uploads/files/34hints-wzA.pdf>

Reference: American Parkinson's Disease Association (APDA)

Title: APDA Publications

Audience: Consumers and Professionals

Topic: Parkinson's disease booklets, brochures, and educational supplements

Description: Provides links to 28 publications for people experiencing Parkinson's disease, their caregivers and providers about enhancing quality of life, coping, treatment options, medical management, and adverse effects.

Link: <http://www.apdaparkinson.org/resources-support/download-publications/>

Reference: APDA

Title: Parkinson's Disease Q & A Sixth Edition

Audience: Consumers

Topic: Parkinson's disease Description: This booklet is a compilation of the most frequently asked questions that the Parkinson's Disease Foundation receives through its National HelpLine, and comprehensive answers to those questions. Addresses understanding, treating, and living with Parkinson's disease, and current research findings.

Link: [http://www.pdf.org/pdf/pubs\\_parkinson\\_qa\\_14.pdf](http://www.pdf.org/pdf/pubs_parkinson_qa_14.pdf)

Reference: Parkinson's Disease Foundation (PDF)

Title: Parkinson's Disease Handbook

Audience: Consumers

Topic: Parkinson's disease

Description: A free publication for individuals and families. Addresses understanding, treating, and living with Parkinson's disease.

Link: <http://www.apdaparkinson.org/userfiles/files/PDHBRev09Repr10.pdf>

Reference: APDA

Title: Booklets and Video

Audience: Consumers and Professionals

Topic: Parkinson's disease

Description: Contains links to printable PDF educational brochures and videos, and DVDs about Parkinson's disease and community resources. A HelpLine is available to take orders at (800) 457-6676. Support group leaders and allied health professionals are welcome to order multiple copies. Educational print material includes information about Parkinson's disease diagnosis, resources, facts, research, and ways to be involved.

Link: <http://www.pdf.org/en/brochures>

Reference: PDF

## **PARKINSON'S DISEASE & CO-OCCURRING DISORDERS**

### **Depression**

Title: Depression and Parkinson's Disease

Audience: Consumers

Topic: Depression and PD

Description: Provides a printable brochure to recognize symptoms of depression, a definition of PD and PD symptoms, effects of depression and Parkinson's disease, treatment options, and links to additional resources.

Link [http://www.nimh.nih.gov/health/publications/depression-and-parkinsons-disease/depression-and-parkinsons\\_142398.pdf](http://www.nimh.nih.gov/health/publications/depression-and-parkinsons-disease/depression-and-parkinsons_142398.pdf)

Reference: National Institute of Mental Health (NIMH)

### **Anxiety, Dementia, and Psychosis**

Title: [See PD brochures and pamphlets above]

Audience: Consumers

Topic: Parkinson's disease and Co-occurring disorders

## **VIII. Journal Articles**

Title: Depression and Subsequent Risk of Parkinson's disease

Audience: Professionals

Topic: Depression and Parkinson's disease

Description: Investigates the long-term risk of Parkinson's disease after depression and evaluates potential confounding by shared susceptibility to the 2 diagnoses.

Link: <http://www.neurology.org/content/early/2015/05/20/WNL.0000000000001684.short>

Reference: Neurology