

Participant Companion Guide

Module 7: *We Have Another Call About Nell!*

Resources related to
Schizophrenia and Co-Occurring Disorders



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I. Fact Sheets

Title: The Aging and Disability Resource Connection of Oregon (ADRC)

Audience: Consumers and Professionals

Topic: Information, assistance, and referral to community resources and supports

Description: Provides people of all ages, incomes and disabilities with information on the full range of long-term support options available in their communities.

Link: <https://www.adrcoforegon.org/consite/index.php>

Reference: ADRC of Oregon

Mental Illness

Title: Mental Illness Facts and Numbers (not older adult specific)

Audience: Consumers and Professionals

Topic: Mental Illness

Description: Provides information about types and prevalence of mental illnesses, outcomes, and the personal and social impact of mental illness in America.

Link: http://www2.nami.org/factsheets/mentalillness_factsheet.pdf

Reference: National Alliance on Mental Illness (NAMI)

Title: Fact Sheet about Mental Illness (not older adult specific)

Audience: Consumers and Professionals

Topic: Mental Illness Description: Provides an easy to read graph about the types and prevalence of mental illnesses, a chart with treatment options, available resources and support options.

Link: <http://www2.nami.org/Content/NavigationMenu/Elections1/MHCGMVCandidateKit.pdf>

Reference: NAMI

Title: Premature death among people with severe mental disorders (not older adult specific)

Audience: Professionals

Topic: Risk for premature death among people with severe mental disorders

Description: Provides information about contributing factors, key actions, and policy recommendations to reduce premature deaths among this population.

Link: http://www.who.int/mental_health/management/info_sheet.pdf

Reference: World Health Organization (WHO)

Schizophrenia

Title: Schizophrenia (not older adult specific)

Audience: Consumers and Professionals

Topic: Schizophrenia

Description: Provides individual pages with illustrations and text about schizophrenia including facts, myths treatment, presentation, coping, stigma, tips for preventing relapse, hygiene, medication treatment and management, caregiver support and hoarding.

Link: <http://healthguides.healthgrades.com/advances-in-schizophrenia/10-myths-about-schizophrenia>

Reference: healthgrades

Title: Schizophrenia Fact Sheet (not older adult specific)

Audience: Consumers and Professionals

Topic: Schizophrenia

Description: Provides information about screening, presentation, causes, treatments, and prognosis

Link: http://www2.nami.org/factsheets/schizophrenia_factsheet.pdf

Reference: NAMI

Co-Occurring Disorders

Title: Anosognosia (Lack of Insight) Fact Sheet (not older adult specific)

Audience: Consumers and Professionals

Topic: Anosognosia and schizophrenia

Description: Provides information about Anosognosia

Link:

http://www2.nami.org/Content/NavigationMenu/Mental_Illnesses/Schizophrenia9/Anosognosia_Fact_Sheet.htm

Reference: NAMI

Title: Anxiety in Older Adults

Audience: Consumers

Topic: Anxiety Disorder

Description: Provides information about types of anxiety disorders including panic and post-traumatic stress disorder, prevalence in older adults, identifying risk factors, screening, and treatment options.

Link: <http://www.ngna.org/resources/documentation/news/mental-health-month-2015.pdf>

Reference: Mental Health America

Title: Bipolar Disorder in Seniors

Audience: Consumers

Topic: Bipolar disorder

Description: Provides information about symptoms, diagnosis, and treatment of bipolar in older adults.

Link: <http://www.everydayhealth.com/bipolar-disorder/bipolar-disorder-in-seniors.aspx>

Reference: everyday HEALTH

Title: The Borderline Grows Older

Audience: Consumers

Topic: Borderline Personality Disorder

Description: Provides information about differences between older and younger people with BPD, and prognosis over time.

Link: <https://www.psychologytoday.com/blog/i-hate-you-dont-leave-me/201308/the-borderline-grows-older-0>

Reference: Psychology Today

Title: Depression in Older Persons Fact Sheet

Audience: Consumers

Topic: Depression

Description: Provides information about prevalence, consequences, symptoms, causes, risk factors, diagnosis and treatment for older persons.

Link:

http://www2.nami.org/Content/NavigationMenu/Mental_Illnesses/Depression/Depression_Older_Persons_FactSheet_2009.pdf

Reference: NAMI

Title: Diabetes Information

Audience: Professionals

Topic: Diabetes co-occurring with schizophrenia and bipolar

Description: Provides information about prevalence, screening, risk factors, and antipsychotic drugs, especially Seroquel

Link:

http://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Enforcement_ActivitiesbyFDA/WarningLettersandNoticeofViolationLetterstoPharmaceuticalCompanies/ucm053622.pdf

Reference: AstraZeneca Pharmaceuticals

Title: Dual Diagnosis Fact Sheet (not older adult specific)
Audience: Consumers and Professionals
Topic: Substance Abuse and Mental Illness
Description: Provides information about the relationship between substance use and mental illness, and treatment options.
Link: http://www2.nami.org/factsheets/dualdiagnosis_factsheet.pdf
Reference: NAMI

Title: Hoarding Fact Sheet (not older adult specific)
Audience: Consumers and Professionals
Topic: Hoarding
Description: Provides information about hoarding symptoms, differences between hoarding and collecting, risk factors, outcomes, treatment, family support, and additional resources
Link: <https://iocdf.org/wp-content/uploads/2014/10/Hoarding-Fact-Sheet.pdf>
Reference: International OCD Foundation (IOCDF)

Title: Obsessive Compulsive Disorder (OCD) in Elders
Audience: Consumers
Topic: OCD in older adults
Description: Provides information about behaviors, prevalence, and treatments for OCD.
Link <http://www.agingcare.com/Articles/obsessive-compulsive-disorder-in-elderly-parents-138686.htm>
Reference: AgingCare.com

Additional Support Network, Housing

Title: Housing Toolkit (not older adult specific)
Audience: Consumers and Professionals
Topic: Information to help the public mental health community meet the housing needs of people with mental illnesses
Description: This tool kit provides 15 fact sheets with information about resources available to finance housing and includes four background briefs that provide a framework for assessing housing needs and housing solutions.
Link: <http://www2.nami.org/Content/ContentGroups/Policy/housingtoolkit.pdf>
Reference: NAMI

II. General Topics on Mental Illness

Healthy Aging

Title: Healthy Aging Fact Sheet

Audience: Consumers and Professionals

Topic: Prevalence and prevention

Description: Provides information about the prevalence of chronic disease, falls, mental health and substance abuse. Identifies programs to promote chronic disease self-management, reducing falls risk, and community education programs.

Link: http://www.ncoa.org/assets/files/pdf/FactSheet_HealthyAging.pdf

Reference: National Council on Aging (NCOA)

Title: NAMI Oregon

Audience: Consumers and Professionals

Topic: Prevalence and prevention

Description: Improves the quality of life of individuals living with mental illness and their families and loved ones through education, support, and advocacy. Helpline (800-343-6264)

Link:

http://www2.nami.org/MSTemplate.cfm?Section=Home149&Site=NAMI_Oregon&Template=/ContentManagement/ContentDisplay.cfm&ContentID=175034

Reference: National Association on Mental Illness (NAMI)

Mental Illness

Title: *Older Americans Behavioral Health Issue Brief Series*

Audience: Professionals

Topic: Suicide, Anxiety, Depression, Drug Abuse, Alcohol Abuse, Evidence-based practices.

Description: The Substance Abuse and Mental Health Services Administration (SAMHSA) and Administration on Aging (AoA) have partnered with National Council On Aging (NCA) and others to develop a series of Issue Briefs to address behavioral health issues that are important to older Americans. The Issue Brief series focuses on issues of suicide, anxiety and depression, prescription drug misuse and abuse, and alcohol abuse. The target audiences the Issue Briefs are the local and State Aging Services Network, behavioral health community, and substance abuse providers.

A complementary [webinar series](#) provides a special opportunity to learn about critical behavioral health conditions and problems affecting older adults, including prescription medication misuse and abuse, suicide, depression, and anxiety and evidence-based prevention and treatment programs to address these problems. See more [here](#).

Link: <http://www.ncoa.org/improve-health/center-for-healthy-aging/behavioral-health/older-americans-behavioral-1.html>

Reference: NCOA

Support

Title: Oregon Care Planning Council

Audience: Consumers and Professionals

Topic: Resources and support services

Description: Single listing source of community care providers and advisers who help the public deal with current elder care needs.

Link: <http://www.carefororegon.org/index.htm>

Reference: Oregon Care Planning Council

Title: Oregon Mental Health First Aid (not older adult specific)

Audience: Professionals

Topic: Mental health education and outreach

Topic: Support for mental health issues and crisis

Description: Assists instructors in preparing mental health courses, and provides community outreach and education

Link: <http://www.aocmhp.org/mhfa>

Reference: National Council for Behavioral Health

Title: Oregon County Map with Crisis Numbers Topic: Support for mental health issues and crisis (not older adult specific)

Audience: Professionals

Topic: Support for mental health crisis

Description: Crisis lines and Mental Health Resources by county

Link:

<http://public.health.oregon.gov/PreventionWellness/SafeLiving/SuicidePrevention/Pages/cntymap.aspx>

Reference: Oregon Health Authority (OHA)

Title: National Crisis Lines and Online Help (not older adult specific)

Audience: Consumers and Professionals

Topic: Support for mental health issues and crisis

Description: Links and phone numbers to National crisis lines and organizations

Link:

<http://public.health.oregon.gov/PreventionWellness/SafeLiving/SuicidePrevention/Pages/suilines.aspx>

Reference: OHA

Title: Adult Mental Health Services (not older adult specific)
Audience: Consumers and Professionals
Topic: Addictions and Mental Health Resources in Oregon
Description: Provides information about co-occurring disorders, a link to the State hospital website, screening tools and other resources.
Link: <http://www.oregon.gov/oha/amh/Pages/gethelp.aspx>
Reference: State of Oregon

Housing

Title: Finding a Good Residential Option for Someone with Severe Mental Illness (not older adult specific)
Audience: Consumers and Professionals
Topic: Community living options versus in-patient or psychiatric facilities.
Description: Provides information and resources about transitioning to community living, characteristics of a good living situation for those with a psychiatric disability, and best ways to offer support for the resident in finding and a good fit and adequate support services.
Link: <http://www.schizophrenia.com/housing.html>
Reference: schizophrenia.com

Psychosis

Title: Treating Psychotic Symptoms in Elderly Patients
Audience: Professionals
Topic: Psychosis
Description: Provides information about risks, contributing factors, types of psychosis including schizophrenia, medication and medical symptoms that obscure psychosis, and treatment options.
Link: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC181181/>
Reference: National Institute on Health (NIH)

Title: Psychosis: Older People
Audience: Professionals
Topic: Psychosis
Description: Provides information about symptoms and types of psychoses including dementia and late-life schizophrenia. This website also provides information about causes, diagnoses, treatment, medication, recovery, and support.
Link: http://www.mentalhealthcare.org.uk/older_people#Older_people_and_psychotic_like_experiences
Reference: Institute of Psychiatry, Psychology & Neurology

Title: Psychosis (not older adult specific)

Audience: Professionals

Topic: Psychosis

Description: Provides a definition and information about symptoms warning signs, causes, diagnosis, treatment options, and cultural considerations. This website also provides links that address diagnosis and intervention, and ways to live with psychosis.

Link: <https://www.nami.org/Learn-More/Mental-Health-Conditions/Related-Conditions/Psychosis>

Reference: NAMI

Title: Psychosis (not older adult specific)

Audience: Consumers and Professionals

Topic: Psychosis

Description: Provides a definition and information about causes, symptoms, screening options, treatment, prognosis, complications, and prevention.

Link: <https://www.nami.org/Learn-More/Mental-Health-Conditions/Related-Conditions/Psychosis>

Reference: National Institute of Mental Health (NIMH)

Title: Comorbidity: Addiction and Other Mental Illnesses: Why do drug use disorders often co-occur with other mental illnesses? (not older adult specific)

Audience: Consumers and Professionals

Topic: Drug abuse and mental illness

Description: Provides information about mental health issues that may prompt drug use, graphs representing co-occurring disorders, contributing factors, smoking, diagnosis, behavioral therapies, and barriers to treatment.

Link: <http://www.drugabuse.gov/publications/research-reports/comorbidity-addiction-other-mental-illnesses/how-should-comorbid-conditions-be-treated>

Reference: National Institute on Drug Abuse (NIDA)

Title: Anosognosia (Lack of Insight) Fact Sheet (not older adult specific)

Audience: Consumers and Professionals

Topic: Anosognosia and schizophrenia

Description: Provides information about risks and prevalence of Anosognosia.

Link: http://www2.nami.org/Content/Microsites86/NAMI_Albuquerque/Home82/Current_Activities/NAMIWalks6/Briefing-anosognosia_%2805%29.pdf

Reference: NAMI

Stigma

Title: Bring Change 2 Mind: Learn. Inform. End the Stigma (not older adult specific)

Audience: Consumers and Professionals

Topic: Stigma associated with behavioral health issues

Description: This website provides information about myths and facts associated with mental illnesses. The resource tab provides links to general support services, suicide prevention, a conversation guide.

Link: <http://bringchange2mind.org/learn/resources/>

Reference: BRING CHANGE 2MIND

III. Prevalence, Presentation, and Adverse Effects

Title: Older Adults with Schizophrenia

Audience: Professionals

Topic: Schizophrenia

Description: Provides information about prevalence, presentation, differences among early-onset, late-onset, and very late-onset. Discusses differences between the psychosis of Alzheimer's disease and Schizophrenia in the elderly, risk factors, and treatment options.

Link: <http://web.stanford.edu/group/usvh/stanford/misc/Schizophrenia%202.pdf>

Reference: Stanford University

Title: From Compassion to Action

Audience: Consumers and Professionals

Topic: Schizophrenia

Description: Provides information about prevalence, symptoms, and comorbidities.

Link: <http://www.gene.com/stories/from-compassion-to-action>

Reference: Genentech

Title: Schizophrenia in older adults

Audience: Professionals Topic: Schizophrenia

Description: Provides information about prevalence, symptom changes with age, cognitive differences and similarities between schizophrenia and Alzheimer's disease, co-occurring disorders, social functioning improvement and deterioration, and treatment options. This link also includes a case study.

Link: <http://www.currentpsychiatry.com/the-publication/past-issue-single-view/schizophrenia-in-older-adults/78c8550becc68c03ef068626f49f3feb.html>

Reference: Current Psychiatry

Title: Late Life

Audience: Consumers and Professionals

Topic: Schizophrenia

Description: Provides information about individuals who have developed schizophrenia in early-life who are now middle-aged or elderly, and those with late-onset schizophrenia including differing medication requirements, comorbid medical problems, interactions between normal aging issues and schizophrenia, loss of family support, and problems obtaining services.

Link: <http://www.sfnsw.org.au/About-Mental-Illness/Quality-of-Life/Late-Life>

Reference: Schizophrenia Fellowship

Title: Schizophrenia Facts and Statistics (not older adult specific)

Audience: Consumers and Professionals

Topic: Schizophrenia

Description: Provides information and graphs regarding prevalence of schizophrenia among different age groups, where these individuals are housed, societal costs, and suicide and violence risks.

Link: <http://www.schizophrenia.com/szfacts.htm>

Reference: schizophrenia.com

Title: Schizophrenia (not older adult specific)

Audience: Consumers and Professionals

Topic: Schizophrenia

Description: Provides a definition, and information about causes, who is at risk, presentation, treatments including medications and ways that medications interact with other medications and psychosocial treatments, integrated treatment for co-occurring substance abuse, rehabilitation options, and coping methods for the individual and family members.

Link: <http://www.nimh.nih.gov/health/topics/schizophrenia/index.shtml>

Reference: National Institute of Mental Health (NIMH)

Title: Early Signs of Schizophrenia (not older adult specific)

Audience: Consumers and Professionals

Topic: Schizophrenia

Description: Provides information about physical symptoms, feelings and emotions, behavior changes, cognitive issues, examples of delusions and hallucinations associated with schizophrenia.

Link: <http://schizophrenia.com/earllysigns.htm>

Reference: schizophrenia.com

Title: Helping a Person with Schizophrenia (not older adult specific)

Audience: Consumers and Professionals

Topic: Helping a loved one who has schizophrenia; self-care guidance for family members

Description: Guidelines for helping a family member with schizophrenia through self-care, stress-management, and tips for managing medication. Provides information about offering general support and managing relapse and crisis. Includes a section on housing options for the person with schizophrenia. Offers additional resources for families, schizophrenia support services, and housing.

Link: <http://www.helpguide.org/articles/schizophrenia/helping-a-person-with-schizophrenia.htm>

Reference: Helpguide

Title: Dual Disorders (not older adult specific)

Audience: Consumers and Professionals

Topic: Schizophrenia Co-Occurring with Substance Abuse, Intellectual Disability, Physical Disorder, Personality Disorder, Depression

Description: Provides information schizophrenia and co-occurring disorders, and holistic treatment options.

Link: <http://www.sfnsw.org.au/About-Mental-Illness/Quality-of-Life/Dual-Disorders>

Reference: Schizophrenia Fellowship

Title: Depression, Suicide, and Suicide Prevention in Schizophrenia (not older adult specific)

Audience: Professionals

Topic: Schizophrenia and Depression

Description: Provides information about the prevalence, characteristics, risk factors, and treatment options for people having schizophrenia and experiencing depression with increased risk for suicide.

Link: <http://www.sprc.org/sites/sprc.org/files/library/dandschiz.pdf>

Reference: Suicide Prevention Resource Center

Title: An Overview of Diabetes Management in Schizophrenia Patients: Office Based Strategies for Primary Care Practitioners and Endocrinologists (not older adult specific)

Audience: Professionals

Topic: Schizophrenia and Diabetes

Description: Provides information regarding prevalence, risks, medication effects, diabetes management, and recommendations to address the needs of this special population. Provides a table of considerations.

Link: <http://www.hindawi.com/journals/ije/2015/969182/>

Reference: International Journal of Endocrinology

Hoarding

Title: Schizophrenia and Hoarding Disorder

Audience: Consumers and Professionals

Topic: Schizophrenia and hoarding

Description: Provides information about the relationship between schizophrenia and hoarding.

Link: <http://healthguides.healthgrades.com/advances-in-schizophrenia/schizophrenia-and-hoarding-disorder>

Reference: Healthguide

Title: Psychiatric Issues and Hoarding

Audience: Professionals

Topic: Mental issues and hoarding

Description: Provides information about prevalence, symptoms and implications for practice.

Link: <http://www.psychiatrictimes.com/articles/psychiatric-issues-hoarding>

Reference: Psychiatric Times

IV. Prevention

Title: 4 Tips for Preventing a Schizophrenia Relapse (not older adult specific)

Audience: Consumers and Professionals

Topic: Relapse

Description: Provides information about ways to avoid relapse, and warning signs that relapse could occur.

Link: <http://healthguides.healthgrades.com/advances-in-schizophrenia/4-tips-for-preventing-a-schizophrenia-relapse>

Reference: healthgrades

Title: Preventing Schizophrenia – Recent Research (not older adult specific)

Audience: Consumers and Professionals Topic: Schizophrenia

Description: Provides information about research on preventative measures taken prior to early signs of schizophrenia, and preventative measures taken during the early phase of schizophrenia.

Link: <http://www.schizophrenia.com/prevent.htm>

Reference: schizophrenia.com

Title: Preventing relapse (not older adult specific)

Audience: Consumers

Topic: Preventing psychosis relapse

Description: Provides information about what individuals can do to recognize signs of, and prevent psychotic relapse. Includes a printable chart to identify triggers and plans to control triggers.

Link: http://www.earlypsychosis.ca/files/documents/preventing_relapse.pdf

Reference: Frasier Health

Title: Diabetes management: How lifestyle, daily routine affects blood sugar

Audience: Consumers and Professionals

Topic: Diabetes

Description: Provides information about factors that can affect blood sugar levels

Link: <http://www.mayoclinic.org/diseases-conditions/diabetes/in-depth/diabetes-management/art-20047963>

Reference: Mayo Clinic

V. Screening

Title: The Geriatric Assessment

Audience: Professionals

Topic: Medication side effects in the elderly

Description: Provides information about the diagnosis of medical conditions; development of treatment and follow-up plans; coordination of management of care; and evaluation of long-term care needs and optimal placement. Includes IADL scales; Physical Health Scales; Cognition and Mental Health Scales.

Link: <http://www.aafp.org/afp/2011/0101/p48.html>

Reference: American Academy of Family Physicians (AAFP)

Title: Psychotropic Medication Use among Older Adults: What All Nurses Need to Know

Audience: Professionals

Topic: Medication side effects in the elderly

Description: Provides information about how the most commonly prescribed psychotropic medications differentially affect older adults and includes tables or recommended medications and dosing for mental illness in older adults.

.Link: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3128509/>

Reference: National Institutes of Health (NIH)

Title: Yale University PRIME Screening Test (not older adult specific)

Audience: Consumers and Professionals

Topic: Screening for schizophrenia

Description: A 12 question screening tool for schizophrenia.

Link: <http://www.schizophrenia.com/sztest/primetest.pdf>

Reference: schizophrenia.com

Title: Schizophrenia: Tests and diagnosis (not older adult specific)

Audience: Consumers and Professionals

Topic: Schizophrenia

Description: Provides information about tests and screening tools, psychological evaluation, diagnostic criteria.

Link: <http://www.mayoclinic.org/diseases-conditions/schizophrenia/basics/tests-diagnosis/con-20021077>

Reference: Mayo Clinic

Title: Schizophrenia Test and Early Psychosis Indicator (STEPI) (not older adult specific)

Audience: Professionals

Topic: Screening

Description: 17 question test to determine if a person is experiencing early symptoms of schizophrenia, which may appear before an individual becomes fully psychotic. This test takes account of both positive and negative symptoms of schizophrenia.

Link: <http://counselingresource.com/lib/quizzes/misc-tests/schizophrenia-test/>

Reference: Counseling Resource Mental Health Library Psychological Self-Tests and Quizzes

Title: The Psychiatric Review of Symptoms: A Screening Tool for Family Physicians (not older adult specific)

Audience: Professionals

Topic: Screening for psychiatric disorders

Description: A screening tool for identifying patients who have psychiatric disorders. Including depression, personality disorders, substance abuse disorders, anxiety disorders, somatization disorder, eating disorders, cognitive disorders, and psychotic disorders.

Link: <http://www.aafp.org/afp/1998/1101/p1617.html>

Reference: American Academy of Family Physicians (AAFP)

Title: Behavioral Health Evolution: Screening Tools (not older adult specific)

Audience: Professionals

Topic: Screening tools to test for the presence or absence of a psychiatric and substance use disorders.

Description: Some of the more commonly used public-domain, research supported, self-report screening tools. The generic measures cover a broad range of psychiatric or substance use disorders while specific measures target a particular disorder.

Link: http://www.bhevolution.org/public/screening_tools.page?menuheader=3

Reference: Hazelden Publishing

VI. Evidence-based Practice/Treatment

Title: How to Avoid Relapses (not older adult specific)

Audience: Consumers and Professionals

Topic: Schizophrenia relapse

Description: Provides 7 ways to help a family member with schizophrenia avoid relapse

Link: <http://www.schizophrenia.com/pdfs/avoidrelapse.pdf>

Reference: schizophrenia.com

Title: Diagnosis and management of psychosis in older people

Audience: Professionals

Topic: Diagnosis and management of psychotic illness in older adults

Description: Provides information about symptoms diagnosis and treatment of psychosis in older adults including pharmacological and psychosocial interventions.

Link: <http://onlinelibrary.wiley.com/doi/10.1002/psb.181/pdf>

Reference: Wiley Online Library

Title: Schizophrenia Medication Treatment (not older adult specific)

Audience: Professionals

Topic: Schizophrenia and medications

Description: Provides information about American Psychiatric Association Guidelines for treatment of patients with schizophrenia, commonly prescribed medications, and side-effects.

Provides links to reading about antipsychotic meds, and medications used to treat the disorder.

Link: <http://www.schizophrenia.com/meds.html>

Reference: schizophrenia.com

Title: Diagnosis and Intervention (not older adult specific)

Audience: Consumers and Professionals

Topic: Psychosis

Description: Provides information about Diagnosis and diagnostic difficulties, intervention and treatment strategies including the benefits of a medical evaluation, challenges and delays in diagnosis, types of disorders associated with psychosis (co-occurring), and where to get help.

Link:

http://www2.nami.org/Template.cfm?Section=First_Episode&Template=/ContentManagement/ContentDisplay.cfm&ContentID=127411

Reference: National Association on Mental Illness (NAMI)

Title: Schizophrenia Treatment and Recovery (not older adult specific)

Audience: Consumers and Professionals

Topic: Schizophrenia

Description: Provides information about the recovery process and lifelong challenges, treatment options, the benefits of a strong support system, the right attitude, medication, healthy lifestyle choices, community support options, medical coverage, residential services and additional resources.

Link: <http://www.helpguide.org/articles/schizophrenia/schizophrenia-treatment-and-recovery.htm>

Reference: Helpguide

Title: Schizophrenia: Treatment and drugs (not older adult specific)

Audience: Consumers and Professionals

Topic: Schizophrenia

Description: Provides information about treatment including medications and psychosocial interventions.

Link: <http://www.mayoclinic.org/diseases-conditions/schizophrenia/basics/treatment/con-20021077>

Reference: Mayo Clinic

Title: Examples of Promising Behavioral Therapies for Patients with Comorbid Conditions (not older adult specific)

Audience: Consumers and Professionals

Topic: Therapies for people with mental illness and substance abuse disorders

Description: Provides information about therapies including Therapeutic communities, Assertive Community Treatment, Dialectical Behavior Therapy, Exposure Therapy and Integrated Group Therapy.

Link:

<http://www.drugabuse.gov/publications/research-reports/comorbidity-addiction-other-mental-illnesses/how-should-comorbid-conditions-be-treated>

Reference: National Institutes of Health (NIH) and National Institute on Drug Abuse (NIDA)

Title: Hoarding Behaviors Worsen With Age

Audience: Consumers and Professionals

Topic: Hoarding and co-occurring mental illnesses; treatment options

Description: Provides information about ways to treat hoarding with co-occurring depression, anxiety, and OCD. Discusses Alzheimer's and hoarding.

Link: <http://www.agingcare.com/News/Scientists-Discover-That-Hoarding-Behavior-Becomes-More-Severe-With-Age-146409.htm>

Reference: AgingCare.com

Title: Treatment options for compulsive hoarding (not older adult specific)

Audience: Consumers and Professionals

Topic: Hoarding

Description: Provides information about treatment options including medication, cognitive behavior therapy, intervention, support groups, and self-help.

Link: <http://www.compulsive-hoarding.org/Treatment-options.html>

Reference: Compulsive Hoarding

Title: OCEACT

Audience: Consumers

Topic: Treating Schizophrenia

Description: Provides information about the Assertive Community Treatment (ACT) Model which is an evidence-based practice designed to support individuals with severe mental illness. Provides detailed information about ACT/mental health programs in Oregon including county specific programs.

Link: <http://oceact.org/>

Reference: Oregon Center of Excellence for Assertive Community Treatment (OCEAT)

Title: Schizophrenia and Related Disorders Alliance of America

Audience: Consumers and Professionals

Topic: Treating Schizophrenia

Description: This group provides support and training to Schizophrenics Anonymous® (SA) groups, sponsors SA and Family & Friends conference calls, provides eNewsletter and online resource library, and offers advocacy and education to eliminate discrimination and increase access to treatment.

Link: <http://www.sardaa.org/>

Reference: Schizophrenia and Related Disorders Alliance of America (SARDAA)

VII. Brochures, Pamphlets, and Booklets

Title: Schizophrenia

Audience: Consumers

Topic: Schizophrenia (not older adult specific)

Description: Provides information about symptoms, treatment, schizophrenia research, information on where to turn for medical care, and support to manage the illness.

Link:

<http://www2.nami.org/Template.cfm?Section=Schizophrenia9&Template=/ContentManagement/ContentDisplay.cfm&ContentID=118290>

Reference: National Association on Mental Illness (NAMI)

Title: Understanding Schizophrenia and Recovery

Audience: Consumers

Topic: Schizophrenia (not older adult specific)

Description: Provides information about the components of recovery for people living with schizophrenia, explains the symptoms and causes of, and treatments for schizophrenia and discusses places individuals and family members can turn for the medical care and support needed to manage the illness.

Link:

http://www2.nami.org/Template.cfm?Section=By_Illness&template=/ContentManagement/ContentDisplay.cfm&ContentID=7279

Reference: NAMI

Title: Mental Illness: what you need to know

Audience: Consumers

Topic: Mental Illness (not older adult specific)

Description: Provides information and illustrations defining mental illness, psychosis, diagnosis, types of mental and emotional disorders, treatment options, and recovery. Provides web links to additional resources.

Link:

http://www2.nami.org/Content/NavigationMenu/Inform_Yourself/About_Mental_Illness/By_Illness/MentalIllnessBrochure.pdf

Reference: NAMI

Title: What is Psychosis?

Audience: Consumers

Topic: Psychosis (not older adult specific)

Description: Provides a definition of psychosis, and types, prevalence, symptoms, and phases.

Link: http://www.earlypsychosis.ca/files/documents/03-What_is_Psychosis.pdf

Reference: Psychology Tools

Title: Psychology Tools

Audience: Consumers

Topic: Psychosis

Description: Provides links to assessment tools, treatment manuals, information sheets and worksheets.

Link: <http://psychology.tools/psychosis.html>

Reference: Psychology Tools

VIII. Journal Articles and Books

Title: Schizophrenia in Late Life: Aging effects on symptoms and course of illness.

Audience: Professionals

Topic: Schizophrenia

Description: Provides information about schizophrenia in late life, comparing features of older patients with schizophrenia while with younger patients.

Link to description: <http://psycnet.apa.org/index.cfm?fa=browsePB.chapters&pbid=10873>

Reference: American Psychological Association (APA)

Title: Medical Comorbidity in Women and Men with Schizophrenia

Audience: Professionals

Topic: Schizophrenia

Description: Examines chronic medical comorbidity in persons with schizophrenia using validated methodologies.

Link to abstract: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1831667/>

Reference: National Institutes of Health (NIH)

Title: Psychiatric comorbidities and schizophrenia.

Audience: Professionals

Topic: Schizophrenia comorbidities

Description: Examines whether these are "more than chance" and might represent (distinct) phenotypes of schizophrenia.

Link to abstract: <http://www.ncbi.nlm.nih.gov/pubmed/19011234>

Reference: PubMed

Title: Co-Occurring Alcohol Use Disorder and Schizophrenia

Audience: Professionals

Topic: Schizophrenia and alcohol use disorder

Description: Discusses biological and psychosocial factors contributing to alcohol misuse in people with schizophrenia.

Link to article:

<http://www.hawaii.edu/hivandaids/Cooccurring%20Alcohol%20Use%20Disorder%20and%20Schizophrenia.pdf>

Reference: University of Hawaii