

QPR GATEKEEPER TRAINING 2023

Ask A Question, Save A Life



Question, Persuade, Refer



TRAINING PEOPLE TO HELP

- **RECOGNIZE THE WARNING SIGNS OF SUICIDE**
- **HOW TO TALK WITH SOMEONE WHO MAY BE AT RISK FOR SUICIDE AND PERSUADE THEM TO GET HELP**
- **REFER AT-RISK INDIVIDUALS TO APPROPRIATE RESOURCES FOR HELP**

WHO CAN BE TRAINED:

- INDIVIDUALS
- ORGANIZATIONS
- PROFESSIONAL GROUPS

WHO IS HELPED:

- COMMUNITY MEMBERS

QPR INSTRUCTORS

Roni Hyde

Betty Sledge

Rod Harwood

Lualhati Anderson

GENERAL WORKFORCE

- March 7, 12-1pm (PST)
- May 23, 12-1pm (PST)
- August 24, 12-1pm (PST)

OLDER ADULT WORKFORCE

- May 2, 12-1pm (PST)
- Sept. 14, 12-1pm (PST)

VETERAN WORKFORCE

- Nov. 9, 12-1pm (PST)

Registration Link

Register in advance for this training:
After registering, you will receive a confirmation email containing information about joining the meeting.

Please contact Roni at
rhyde@gobhi.org with any questions.

Thank you!

