



SENIOR CITIZENS COUNCIL  
OF  
CLACKAMAS COUNTY

# Who am I?

❖ Cindy Crowell

❖ Been in the nonprofit world for 39 years.

❖ I have worked as a pastor of church, the director of a youth athletic center, an events coordinator, a management developer, a counselor for teens in trouble with the law, an executive director for a women's and children's shelter and a food service manager.

❖ I have my master degree in management and organizational leadership from Warner Pacific College.

❖ I have been married for 38 years, I have 4 children 2 boys and 2 girls and five grandchildren ages 1-15.

❖ I have been in my current position as Executive Director of SCCCC for just over one year. During this year I have learned a whole new position, worked on keeping our program going during a pandemic, had several staffing changes, worked through the fires (one employee lost their home) and clients death and illnesses. (it's been an interesting year)

## Blessed In Aging

Blessed are they who understand  
My faltering step and shaking hand  
Blessed, who know my ears today  
Must strain to hear the things they say.

Blessed are those who seem to know  
My eyes are dim and my mind is slow  
Blessed are those who look away  
When I spilled tea that weary day.

Blessed are they who, with cheery smile  
Stopped to chat for a little while  
Blessed are they who know the way  
To bring back memories of yesterday.

Blessed are those who never say  
"You've told that story twice today"  
Blessed are they who make it known  
That I am loved, respected and not alone.

And blessed are they who will ease the days  
Of my journey home, in loving ways.

Poem by Esther Mary Walker

# What is SCCCC?

We are a nonprofit organization founded in 1972  
to help and support those who have no one else to look after them.

As a nonprofit organization, our programs promote and support independence and improve quality of life for our clients. We seek to prevent or end abuse, neglect and exploitation of at-risk seniors and adults with disabilities.



# What does SCCCC do?

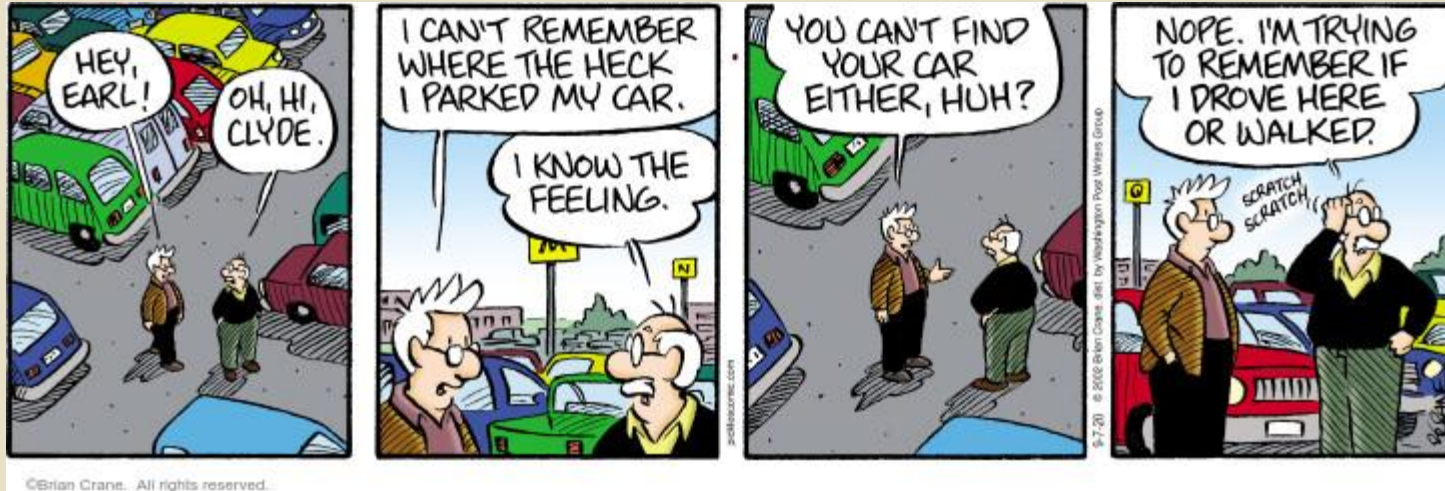
We Provide:

- ❖ Assessment of needs
- ❖ Care monitoring and case management
  - ❖ Bill paying assistance
  - ❖ Financial management
  - ❖ Information and referral services
- ❖ Advocacy to preserve the dignity and quality of life of seniors and adults with disabilities



# Who does SCCC provide services for?

- ❖ People 60 years old and over
- ❖ Adults with development disabilities
- ❖ People who have no one to look after them
- ❖ People identified as being taken advantage of either financially, mentally and/or physically



# Did you know:

- ❖ There are 52 million people in America 65 or older (before covid)
- ❖ By 2060 there is projected to be 95 million Americans 65 or older
- ❖ The majority of aging Americans live in rural counties.
- ❖ In 1966 the poverty level for Americans 65 and older was 30 percent today it is only 9 percent.
- ❖ There are 5.8 million Americans living with Alzheimer's today. This number is expected to double by 2050.
- ❖ Social Security and Medicare expenditures are currently at 8.7 percent of gross domestic product.

# Why We Care:

There are six major types of abuse seniors face.  
Physical, Emotional, Neglect, Abandonment, Sexual Abuse and  
Financial Abuse.



# Who are the victims:

- ❖ Most victims of abuse are women, but some are men. Likely targets are older adults who have no family or friends nearby and people with disabilities, memory problems, or dementia.
- ❖ Abuse can happen to any older adult, but often affects those who depend on others for help with activities of everyday life — including bathing, dressing, and taking medicine. People who are frail may appear to be easy victims.

# SPOTTING THE SIGNS OF **ELDER ABUSE**

Abuse can happen to any older person, by a loved one, a hired caregiver, or a stranger. Abuse can happen at home, at a relative's home, or in an eldercare facility.





**Watch for these signs  
of abuse:**



- ▶ Seems **depressed, confused, or withdrawn**
- 



- ▶ **Isolated** from friends and family
- 



- ▶ Has **unexplained bruises, burns, or scars**
-



- ▶ Appears **dirty, underfed, dehydrated, over- or undermedicated**, or not receiving needed care for medical problems
- 



- ▶ Has **bed sores** or other preventable conditions
- 



- ▶ Recent **changes in banking or spending** patterns

# Further Signs of abuse

- ❖ Loses weight for no reason
- ❖ Displays signs of trauma, like rocking back and forth
- ❖ Has broken eyeglasses/frames, or physical signs of punishment or being restrained
- ❖ Lacks medical aids (glasses, walker, dentures, hearing aid, medications)
- ❖ Has an eviction notice for unpaid rent, notice of late mortgage, or home eviction
- ❖ Has hazardous, unsafe, or unclean living conditions
- ❖ Displays signs of insufficient care or unpaid bills despite adequate financial resources

A clients story.



